WEST SENECA COMMUNITY EDUCATION

www.wscschools.org/commed

Learning Life's Seasons

Look inside for:

Little Ninjas 9

4-Hr SAT Boot Camp 4

Spanish for the Elementary Years 9

WINTER 2021
FEBRUARY 1st - MARCH 20th



CONTINUING/COMMUNITY EDUCATION COURSE CATALOG • WINTER 2021 1445 CENTER ROAD • WEST SENECA, NEW YORK 14224-3292

WELCOME ...

to the Winter 2021 Semester at West Seneca Community Education. Try something new today and you may find an interest that will last a lifetime! Make friends, have fun, learn a skill, try out a career, or make an heirloom to pass down... you'll find what YOU need *right here*—so register online or call TODAY! Courses fill up fast, so do not miss YOUR chance to sign up.

If you have a hobby, interest, or skill YOU would like to teach, let us know! We would love to have YOU as part of our instructional staff and can help you get started. Contact me to find out more..

Stephanie Wright swright01@wscschools.org

Community Education Staff

Stephanie Wright	Before & After School Programming Continuing/Community Education
	Continuing/Community Education
Kelly Cline	Senior Clerk
Rochelle Fennie	Clerical
Suzanne Merkwa	Clerical

Community Education Advisory Committee

Tracy Spagnolo Dr. Carolyn Kadlec Dolores Mendolia Brownie Michalczak John Morrison Michele Owcarz Gerald Warren

Board of Education Liasons

Edmund Bedient Peter Kwitowski Jody Peccia

Oops!! We didn't know you were coming!
Sometimes courses are cancelled when
too many people wait until the last minute to register.
We make decisions on what classes will run
based on paid registrations up to one week prior
to the course start. Don't be disappointed, register today!

West Seneca Central School District's

Before & After School Programs

Allendale Elementary • Clinton Street Elementary •
Northwood Elementary • West Elementary
Winchester Elementary • **East/West Middle (at East Middle)

At the Before & After School Program the staff take the time to get to know each of the students and their goals. In the morning, the children come in and have a variety of activities to do including blocks, board games, puzzles, card games, crafts and coloring. A healthy breakfast is included. In the afternoon, the students have time for homework, activities run by staff and interns from West and East Senior High Schools, and gym time. A healthy snack is included. In addition, throughout the school year we offer special programs, at no additional cost, such as: martial arts, Sportz Degree, Zumba, Microsoft training, yoga, nutrition and much more! The West Seneca Before & After School Program has been designed to:

- Offer an affordable child care program to families in the West Seneca Central School District
- Model and promote respectful and responsible behavior
- Provide a nurturing environment
- · Help children develop skills and talents and display their creativity
- Promote community awareness and partnership
- Further the mission of the West Seneca Central School District
- Develop open and honest communication between the staff, parents, and children
- · Have fun in a safe environment
- Build lasting and positive friendships

The Before and After School Program is self-sustained by fees paid by the parents.

No taxpayer dollars are used.

For more information, Contact:

Stephanie Wright
swright01@wscschools.org or call 677-3185

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SHARE THIS BROCHURE WITH YOUR FRIENDS AND FAMILY! PLEASE RECYCLE!

BUILDING LOCATIONS

You are responsible for noting your class location!

Allendale Elementary 1399 Orchard Park Road

Clinton Elementary 4100 Clinton Street

District Offices 675 Potters Road

East High School 4760 Seneca Street **East Middle** 1445 Center Road

Ebenezer Building 900 Mill Road

Northwood Elementary 250 Northwood Avenue

West Elementary 1397 Orchard Park Road West High School 3330 Seneca Street

West Middle 395 Center Road

Winchester Elementary 650 Harlem Road

FEATURED CLASSES



SPANISH IS BACK!...

Spanish For The Elementary Years (LAN-001)

*LIVE, on-line class. Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-4 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session. Class is open to new and returning students! If you have any questions, contact The Enrichment Company at 1-833-436-7424. Join the fun!

MON • February 8–March 22; No class 2/15. 6:00–6:40 PM • 6 Classes: \$75

PLAN YOUR NEXT TRIP! ...

How to Travel Free & Safely (TRP- 001) Gina Henry

*LIVE on-line class. We're ready to get back to our travels! When it is safe to go on a trip, where can we go, how do we stay safe, and how do we make our travel free? If you are near retirement, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she is prepared for the new travel normal including important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide! Volunteering, fun work-vacations, paid travel, teaching English and remote employment opportunities. Tuition includes Gina s 100-page ebook How to Travel Free & Safely (retail value \$39.95). *NOTE: additional class info will appear on your receipt.

Biography: Gina Henry, holds an MA in International Management from Thunderbird, is a travel expert, writer, professional speaker, and owner of Go Global, Inc., a company she founded to help people find affordable ways to support their travel habit. Gina has lived the travel life for 30 years, taking 10 free vacations a year earning free airline tickets, hotels, tours, meals, & more. She has traveled to 98 countries and all 50 states. She teaches in 90 cities and is the author of many travel books & audios. She leads several group tours each year and organizes volunteer teach English programs in Thailand and Peru

WED • March 31 6:00–9:00 PM • Cost: \$49.00

*Note: a link to the on-line class will be e-mailed to you.

BE SAFE! ...

ADULT/CHILD/BABY FIRST AID, CPR, AED (HEW-004)

iSafety Company

This On-Line course will prepare you to recognize and care for emergencies. The course features award-winning simulation learning - an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to a vaiety of first aid, breathing, and cardiac emergencies involving adults, children, and infants. This is an informational course ... not a certification course. This course requires a PC or tablet with a high-speed Internet connection. This course is not supported on smartphones. This course does not work with Internet Explorer. Allow approximately 2 hours 45 minutes to complete the course. This course can be taken at your convenience. *No Gold Card discount.

UNILIMITIED ACCESS February 1–March 20 3-hour class • 1 Class: \$40

*Note: a link to the on-line class will be e-mailed to you.



HEY, BOOMERS!...

MANAGING HEALTHCARE EXPENSES IN RETIREMENT: WHAT BABY BOOMERS NEED TO KNOW (BUS-006)

Aaron E. Rybak & Robert K. Wilczak, Cetera Investors

This educational workshop will cover the following: How Medicare enrollment periods work and how to avoid late enrollment penalties; How much you can expect to pay in healthcare costs after going to Medicare; How Medicare works with private insurance to provide comprehensive coverage; Why most people pay too much for private insurance and how you can avoid excess cost; Why you must plan for higher health care costs in retirement including the possibility of needing long-term care.

~Gold Card Eligible.

TUES • March 2

6:00-7:15 PM • 1 Class: \$5

*Note: a link to the on-line class will be e-mailed to you.

TEST PREPARATION COURSES

With All-Pro Tutoring & Test Prep. Visit our website www.allprotutoring.com

4-Hour ACT Boot Camp (ACA-001)

All-Pro Tutoring & Test Preparation Staff

***LIVE on-line class.** Get a jump start on your ACT test preparation! This live on-line class introduces students to the ACT test. Course includes: test-taking strategies, testing information, study materials, and a free simulated ACT test.

For the simulated test schedule and registration information, visit: www. allprotutoring.com.

*2021 ACT test dates: February 6, April 17, and June 12.

TUES & THURS • February 2 & 4 6:00–8:00 PM • 2 Classes: \$70

*Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information and class materials.

9-Hour SAT Test Preparation Course (ACA-002)

All-Pro Tutoring & Test Preparation Staff

*LIVE on-line class. Are you ready for the SAT test? This live on-line class offers an in-depth study of the SAT test. Course includes: classroom instruction, test-taking strategies, testing information, workbook/study materials, and a free simulated SAT test.

For the simulated test schedule and registration information, visit www. allprotutoring.com.

*2021 SAT test dates: March 13, May 8, and June 5.

TUES & THURS • February 23 & 25, and March 2 & 4

6:00-8:15 PM • 4 Classes: \$130

*Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information and class materials.

4-Hour SAT Boot Camp (ACA-003)

All-Pro Tutoring & Test Preparation Staff

*LIVE on-line class. Get a jump start on your SAT test preparation! This live on-line course introduces students to the SAT test with emphasis on test-taking strategies, testing information, how to best prepare for the SAT test, and practice questions in each subject. Course includes: workbook/study materials and a free simulated SAT test.

For the simulated test schedule and registration information visit: www. allprotutoring.com.

*2021 SAT test dates: March 13, May 8, and June 5.

TUES & THURS • March 9 & 11 6:00–8:00 PM • 2 Classes: \$70

*Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information and class materials.



SEND YOUR KIDS TO COLLEGE SEMINAR (ACA-004)

All-Pro Tutoring & Test Preparation Staff *LIVE on-line presentation. Did you know that less than 33% of 4-year college students graduate in 4 years? Mistakes in college planning could cost you thousands of dollars! Please join our team of experts for a one-hour discussion on your best approach to college planning. Send Your Kids to College is a non-profit organization. There is no obligation to purchase anything.

Topics discussed:

- Choosing the right college major and the best approach in applying to colleges.
- Timeline for ACT and SAT test preparation, and why it is important to prepare for these admission tests.
- Strategies to reduce the cost of college, available scholarships, and the SAGE Scholars tuition rewards program.

You will earn 500 SAGE scholars points just for attending the Seminar; that's equal to \$500 in tuition rewards! Attend to find out how you can earn even more SAGE scholarship Points.

**Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information.

WED • March 24 6:00–7:00 PM • 1 Class: \$5

*Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information.

HIGH SCHOOL EQUIVALENCE PREPARATION

The TASC exam is the new path to earn a New York State High School Equivalency Diploma as of January 2014.

Preparation program contact information:

Erie 1 BOCES: 822-3333

ECC Employment & Training: 825-2525

DEFENSIVE DRIVING COURSE!

*On-line class. The 6 hour point/insurance reduction course can now be taken online! Receive the same benefits (10% insurance reduction on the base rate for three years, you also may be eligible to reduce up to four points from your driving record) as those that take the course in the classroom. You have up to 30 days from the day you start to finish the course. If you stop at any point when you log back on you are at exactly the same point, you lose nothing! The online course is approximately 6 hours in length to complete.

Register and pay online at: www.empiresafetycouncil.com

Enter code: **WS5** (to get \$5.00 discount) Fee: \$44.95 (\$39.95 after discount).

BUSINESS • LAW • FINANCE

REMOVE THE THREAT OF MEDICAID, LONG-TERM CARE, OR A NURSING HOME EVENT ON YOUR MONEY, INCOME, AND FAMILY LESTER J. Robinson, FICF, DTM, CLTC

*LIVE, on-line class.Long-Term Care and Medicaid are the greatest threats to your retirement security, yet most Americans have never talked to their financial professionals about these concerns. This planning seminar works to bring together retirement and long-term care planning to protect you from losing your money, income, and independence to a long-term care or Medicaid event.

Topics in class:

- Protect your personal choices and financial independence.
- Remove the hidden financial threats to your money by Medicaid and inflation.
- Understand the consequences of not having a plan on your money and income stream.
- How to avoid Medicaid spend-down mistakes.
- How to maintain your eligibility for Medicaid.
- Learn how to reduce emotional and financial burdens of Medicaid on your family.
- Avoid impoverishing your spouse and/or being a burden on your children.
- Develop a safe and secure plan to protect your money and income.
- Be in control; keep your dignity; keep your independence.

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

(BUS-001a) TUES • January 26

6:00–8:00 PM • 1 Class: \$20

(BUS-001b) WED • February 3

6:00-8:00 PM • 1 Class: \$20

(BUS-001c)

WED • February 10 6:00–8:00 PM • 1 Class: \$20

(BUS-001d) WED • March 3

6:00-8:00 PM • 1 Class: \$20

(BUS-001e) TUES • March 16

6:00-8:00 PM • 1 Class: \$20

BUYING AND/OR SELLING A HOME (BUS-002)

Thomas J. Liolos

Looking to purchase or sell a home? Then this class is a must for you! You need to know the process ... from Pre-Approval straight through to Closing ... and what to expect at every turn. If you have purchased or sold a home in the past, a lot has changed. If this is your first time, there is a lot you should know!

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

WED • February 24 6:00–8:00 PM • 1 Class: \$5

SAVVY SOCIAL SECURITY PLANNING: WHAT BABY BOOMERS NEED TO KNOW Aaron E. Rybak & Robert K. Wilczak, Cetera Investors

Find answers to questions such as: What do I need to know to maximize my retirement:? When should I claim Social Security? How much will I receive, and will it be enough to live on in retirement? How can I best coordinate retirement benefits with my spouse? How do I minimize taxes? And more!

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

(BUS-003a)

TUES • February 2 6:00-7:15 PM • 1 Class: \$5

(BUS-003b)

THURS • March 11 6:00–7:15 PM • 1 Class: \$5

SAVVY IRA AND RETIREMENT PLANNING Aaron E. Rybak & Robert K. Wilczak, Cetera Investors

During this educational seminar, you will learn: 7 strategies for Savvy IRA planning; 6 rollover options for your retirement plan funds; 3 common required minimum distribution mistakes; The difference between direct and indirect rollovers; How to coordinate your overall retirement, estate, tax, education, social security, and financial plans.

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

(BUS-004a)

TUES • February 9 • 6:00–7:15 PM • 1 Class: \$5

(BUS-004b)

THURS • March 18 • 6:00-7:15 PM • 1 Class: \$5

SAVVY SOCIAL SECURITY FOR WOMEN (BUS-005)

Aaron E. Rybak & Robert K. Wilczak, Cetera Investors

Answer questions such as: How can I maximize my benefits? Are there survivor benefits if my husband or ex-husband dies? If I get divorced, are there divorced spouse benefits? How can I best coordinate retirement benefits with my husband? What Social Security planning should I consider before remarrying?

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

TUES • February 23 • 6:00-7:15 PM • 1 Class: \$5

MANAGING HEALTHCARE EXPENSES IN RETIREMENT: WHAT BABY BOOMERS NEED TO KNOW (BUS-006)

Aaron E. Rybak & Robert K. Wilczak, Cetera Investors

This educational workshop will cover the following: How Medicare enrollment periods work and how to avoid late enrollment penalties; How much you can expect to pay in healthcare costs after going to Medicare; How Medicare works with private insurance to provide comprehensive coverage; Why most people pay too much for private insurance and how you can avoid excess cost; Why you must plan for higher health care costs in retirement including the possibility of needing long-term care.

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

TUES • March 2 • 6:00-7:15 PM • 1 Class: \$5

MEDICARE 101: FREE On-Line Seminar! (BUS-007)

James Farnham

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance. Explore and evaluate Original Medicare, Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make, help you make more well-informed decisions and explain what Medicare means for you!

TUES • March 2 • 6:00-8:00 PM • 1 Classes: FREE

*Note: a link to the on-line class will be e-mailed to you.

ONLINE - Ed2Go

Courses start at \$89.

Course Start Dates: February 10 • March 17 April 14 • May 12

No Gold Card Discount

We offer a wide range of on-line courses, from computer classes to foreign languages to courses to enhance your business.

Check out our entire Ed2Go catalog at www.ed2go/wscommed!

Register for Ed2Go classes at www.ed2go/wscommed

Requirements "A":

Hardware Requirements:

• This course can be taken on either a PC or Mac.

Software Requirements:

- PC: Windows 8 or later.
- Mac: OS X Snow Leopard 10.6 or later.
- Browser: The latest version of Google Chrome or Mozilla Firefox are preferred. Microsoft Edge and Safari are also compatible.
- Adobe Acrobat Reader.
- Software must be installed and fully operational before the course begins.

Other:

· Email capabilities and access to a personal email account.

Prerequisites:

• There are no prerequisites to take this course.

Instructional Material Requirements:

 The instructional materials required for this course are included in enrollment and will be available online.

Requirements "B":

Hardware Requirements:

This course must be taken on a PC. It is not suitable for Mac users.

Software Requirements:

- Windows 8 or later.
- Browser: The latest version of Google Chrome or Mozilla Firefox are preferred. Microsoft Edge is also compatible.
- Adobe Acrobat Reader.
- Software must be installed and fully operational before the course begins.

Other:

• Email capabilities and access to a personal email account.

Prerequisites:

• There are no prerequisites to take this course.

Instructional Material Requirements:

 The instructional materials required for this course are included in enrollment and will be available online.

CREATING A SUCCESSFUL BUSINESS PLAN ... \$89

Turn your business ideas into a solid plan for financing and long-term success. Committing your idea to paper in the form of a business plan not only increases your chances of obtaining financing, but also in keeping your business strategically focused. You will work through all the major components of writing a business plan and emerge with your first draft in hand. And most importantly, you will have completed the first—and most difficult—step on the path to small business success.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Word or other word processing program installed on your computer (not included in enrollment).

Introduction to Microsoft PowerPoint ... \$129

Take your PowerPoint presentations from ordinary to extraordinary! In these lessons, you'll learn how to use Microsoft PowerPoint 2016 (now available through Office 365) to create professional-quality slide presentations that grab and hold your audience's attention from start to finish.

You'll see how to plan a presentation for your audience, format it with themes and color, and use the slide master and layout master to make global changes. You'll embellish your slides with text and objects, including pictures, shapes, WordArt, and SmartArt, and learn to add multimedia effects to create animated presentations and more. If you want to become a PowerPoint pro, this is the course for you!

*Before registering, please see REQUIREMENTS "B" box for course requirements. **NOTE: You must have Microsoft Office Home and Student 2016 installed on your computer or a subscription to Office 365 (not included in enrollment).

GRAMMAR REFRESHER II ... \$89

This course reviews the foundational elements of grammar, including the parts of speech, and master the basics of punctuation and mechanics.

You will explore sentence structure, nouns and pronouns, and you will work with the different kinds of verb tenses. You will also explore adjective and adverb use and be introduced to some best practices for using these parts of speech effectively in your writing.

Then, learn phrases and clauses, as well as parallelism, coordination, and subordination. You will see how different phrases and clauses fit together in sentences so that your writing is clear, concise, and meaningful.

Finally, put your skills to work as you explore some different kinds of business writing, paragraph writing, and even formal essay writing. By the time you're done with the course, you will not only have the advanced grammar skills you need, you will also understand how to use those skills in practical ways.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

Introduction to Microsoft Word 2016 ... \$129

One of the most basic skills needed in any job is writing reports and letters using Microsoft Word 2016, now available through Office 365. In this course, you will gain the foundational skills you need to make the most of this powerful program.

Through hands-on instructions, you will learn how to add and edit text; move words from one part of your document to another; work on two or more documents simultaneously; and format your text. You will also see how to save, retrieve, copy, organize, and print your documents.

You will learn dozens of ways to modify the appearance and content of your documents by adjusting page margins, paragraph tab settings, and line spacing to create great-looking documents quickly and easily. If you need to type foreign language characters or symbols, you can do that in Word too.

By using Word's spell and grammar checker, you can catch typos and grammatical mistakes before you print or share your document with others. You will also explore the program's thesaurus feature, which can help you find exactly the right word. By the time you're done with the step-by-step lessons and hands-on activities in this course, you will be able to use Word confidently at home or on the job.

*Before registering, please see REQUIREMENTS "B" box for course requirements. **NOTE: You must have Microsoft Word 2016 installed on your computer (not included in enrollment).

Wow, What a Great Event! ... \$89

Are you planning a special event and could use some helpful advice? Considering event planning as a future career? Curious about what other event planners are doing? Need new ideas and resources? This event planning course has all that and more!

Discover how all the pieces in the event planning process fit together to make any size or type of event successful, whether it's for your family or friends, your employer, or your favorite charity. You'll learn about themes, venues, menus, entertainment, décor, and much, much more. You will develop skills, find resources, and gain confidence to plan any event. You'll gain access to event industry information compiled by and for event industry professionals. You'll be so excited with your newly gained confidence and expertise that you'll want to start planning your next event even before this course is over!

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

Intermediate Microsoft Word 2016 ... \$129

Go beyond the basics of word processing and master the more advanced features of Microsoft Word 2016 (now available through Office 365). In this course, you'll learn how to automate Word 2016 using shortcuts to help you write more while typing less. From signs, newsletters, and greeting cards to long documents, you'll learn how to create whatever you need—quickly and with professional-looking results.

You'll also learn how to create and organize text in tables, mix graphics and text together to turn Word into a simple desktop publishing program, and merge spreadsheet and database data to create mailing labels and form letters. Along the way, you'll go through lots of examples and exercises so you can see how Word's advanced features work; but more importantly, you'll see how you can use these advanced features at home and on the job. By the end of this course, you'll know how to use Word more effectively and take advantage of its many features so that you can get your work done quicker and easier than you ever thought possible

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Word 2016 installed on your computer (not included in enrollment).

MEDICAL TERMINOLOGY - A WORD ASSOCIATION APPROACH ... \$89

The Medical Terminology – A Word Association Approach course will teach you to understand medical terminology as it pertains to each body system. Using graphics and study tips you will not only learn definitions and root terms, but also their application in the medical world. Learning blocks are used to condense information and to help isolate what you need to know verses what is nice to know, and you will be provided with fun and unusual facts to help you remember the medical terminology in unique ways. You will have opportunities to see how medical terminology is used in the real world through case study assignments and will be provided with flashcards to help you study. The knowledge gained in this course will help you take the next step in your medical career or education.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

Introduction to Microsoft Access 2016 ... \$129

Take control of your data! In this course, you'll learn how to harness the power of Microsoft Access 2016 to organize, store, edit, manage, and report on hundreds of thousands of records.

Through easy-to-follow, step-by-step instructions, this course will help you master Access and put it to creative, confident use. You'll develop not only strong Access skills, but a solid understanding of good database design concepts. By the time you've finished the course, you'll know how to organize and assemble an effective database for any kind of information you need to store, document, and manage.

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Access 2016 installed on your computer (not included in enrollment).

Paralegal Preparation I ... \$89

Careers in the legal field often require many years of training, but paralegals can enter the job market quickly. What's more, paralegals earn good salaries and have many opportunities for advancement. In fact, a skilled paralegal can do almost all the jobs a lawyer does.

In this course, you will discover what paralegals do and find out what you will need to know in order to begin your own paralegal career. You will start by getting an excellent grounding in legal terminology, contract law, and the tort system. Next, you will learn how to perform legal analysis, conduct interviews and investigations, write legal briefs, and prepare for appeals. And finally, you will get tips on internships and job-hunting.

By the time you're finished, you will know if becoming a paralegal is the right career choice for you.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

Introduction to Microsoft Excel 2016 ... \$129

If you work with numbers, you need to master Microsoft Excel 2016! This hands-on course will teach you dozens of shortcuts and tricks for setting up fully-formatted worksheets quickly and efficiently. You will also learn the secrets behind writing powerful mathematical formulas and discover how to use the function wizard to quickly and automatically calculate statistics, loan payments, future value, and more.

In addition, you will get tips on sorting and analyzing data, designing custom charts and graphs, creating three-dimensional workbooks, building links between files, endowing your worksheets with decision-making capabilities, and automating frequently-repeated tasks with macros and buttons. You will also learn Excel 2016 features, including Quick Analysis, Flash Fill, and new charting capabilities.

This is not a tutorial, but an in-depth class. By the time you're done, you will be using this vital Office 2016 application like a pro.

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Office Home and Student 2016 installed on your computer or a subscription to Office 365 (not included in enrollment).

Introduction to Google Analytics ... \$89

No matter what brings you to the Web, your hope is that a lot of people see your website, your wall, your tweets, and your videos. In this course, you will learn to use Google Analytics to make the most of your online traffic. You will see how you can track not just the to all of your online content, but also determine which content is the most appealing, where your visitors came from, what devices they used, how long they stayed, which links they clicked, and where they went when they left.

This course guides you step-by-step, report-by-report, through the major parts of the Google Analytics interface. From setting up your Google Analytics account and getting the all-important code you will need to add to your web pages to begin tracking your visitors, you will learn everything you need to know to get everything you can from the data that Google Analytics provides. You will even find out about Google AdWords and other tools to enhance your traffic as well as your Google Analytics reporting.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements. **NOTE: You must have access to a website in which you can change the HTML code within one or more of the web pages.

INTERMEDIATE MICROSOFT EXCEL 2016 ... \$129

In this hands-on course, you will learn how to create informative, eye-catching charts and graphs, and harness the power of Excel's data analysis tools and AutoFilter commands. In addition, you will find out how easy it is to create macros that let you manipulate data with the push of a button. You will also discover how to use Goal Seek and Solver and apply them to real-world problems. Set yourself apart from the casual Excel user by adding VLOOKUP, INDEX & MATCH, and other time-saving functions to your repertoire.

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Office Home and Student 2016 installed on your computer or a subscription to Office 365 (not included in enrollment).

CHAIR YOGA—LIVE ON-LINE CLASS Jessie Reino (HEW-001)

Live on-line class! Chair yoga is a very accessible style of yoga; we do many of our poses seated in the chair. We may also do some standing work using the chair as a support. This live on-line class incorporates mindful breathing, stretching, strengthening exercises and we always finish class with a guided relaxation. *NOTE: a link to the on-line class will be e-mailed to you.

~No Gold Card discount.

MON • February 1–March 15 9:30–10:30 AM • 7 Classes: \$89

*NOTE: a link to the on-line class will be e-mailed to you.

MAT/CHAIR HYBRID YOGA—LIVE ON-LINE CLASS Jessie Reino (HEW-002)

This live on-line class is not an advanced class but you do need the ability to get up and down off the floor. We will practice poses in a chair as well as standing poses using the chair for support and stability. We may finish with a restorative pose and as always, a guided relaxation. Please have a chair with no arms and 2-4 bath towels handy for class. *NOTE: a link to the on-line class will be e-mailed to you.

~No Gold Card discount.

FRI • February 5–March 19 9:30–10:30 AM • 7 Classes: \$89

*NOTE: a link to the on-line class will be e-mailed to you.



Adult/Child/Baby First Aid, CPR, AED (HEW-004)

iSafety Company

This On-Line course will prepare you to recognize and care for emergencies. The course features award-winning simulation learning - an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to a vaiety of first aid, breathing, and cardiac emergencies involving adults, children, and infants. This is an informational course ... not a certification course.

This course requires a PC or tablet with a high-speed Internet connection. This course is not supported on smartphones. This course does not work with Internet Explorer. Allow approximately 2 hours 45 minutes to complete the course. This course can be taken at your convenience. *NOTE: a link to the on-line class will be e-mailed to you. ~No Gold Card discount.

UNILIMITIED ACCESS February 1–March 20 3-hour class 1 Class: \$40

Dog & CAT FIRST AID (HEW-005) iSafety Company

You love your pets and want to give them the best life possible. Being equipped to deliver first aid and provide a healthy lifestyle for your pet is the best way to do that. In this course, you will learn the basics of providing first aid care for your cat or dog and will learn how to best give care for common emergency situations. This 35-minute on-line course covers understanding your pet's vital signs, breathing and cardiac emergencies, wounds and bleeding, seizures, and preventative care for cats and dogs. This course is desktop and tablet-compatible. This course can be taken at your convenience. *NOTE: a link to the on-line class will be e-mailed to you.

~No Gold Card discount.

UNILIMITIED ACCESS February 1–March 20 35-minute class 1 Class: \$34

Yoga for 55+ Kathryn Zawadzki

As we age our bodies begin to change in many ways. This is a course that helps to improve balance, posture, breathing, and self-esteem in ways that can assist you through the aging process. You will learn simple stretches while standing, sitting and also laying on the floor (if you can't lie on the floor a chair will be provided). At the end of each class is a systematic relaxation exercise, to let go completely. Wear comfortable pants and a short or light long sleeve tee shirt. You will need a yoga mat or exercise mat. No mats or any other props can be provided. All other personal items will need to stay in your car during this time of COVID-19.

~No Gold Card discount.

(HEW-003a)

TUES

February 2–March 23 1:30 PM–2:30 PM

8 Classes: \$75

Location: Seneca Mill Building

4184 Seneca Street, Suite 204

West Seneca

(HEW-003b)

THURS

February 4–March 25 1:30 PM–2:30 PM 8 Classes: \$75

Location: Seneca Mill Building

4184 Seneca Street, Suite 204

West Seneca



Spanish For The Elementary Years (LAN-001)

*LIVE, on-line class. Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-4 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session. Class is open to new and returning students! If you have any questions, contact The Enrichment Company at 1-833-436-7424. Join the fun!

MON • February 8–March 22; No class 2/15. 6:00–6:40 PM • 6 Classes: \$75

BABYSITTING BASICS ON-LINE (KID-003)

ENRICHMEN

iSafety Company

Designed primarily for youth age 11 and older, this on-line course will prepare students to be better babysitters. Topics include how to provide care for infants and children; how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. Students will also learn the basics of starting a babysitting business. The course consists of six interactive modules featuring videos, activities, games, and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course, which includes a final exam at the end, takes about 4 hours to complete. Students who successfully complete the course will receive a printable certificate. This course can be taken at your convenience. *NOTE: a link to the on-line class will be e-mailed to you.

UNILIMITIED ACCESS

February 1-March 20 • 4-hour class • 1 Class: \$44

Horizon Martial Arts

Classes are held at: 280 Center Road • Wimbledon Plaza

LITTLE NINJAS (KID-001)

Ages 4-6. Our program is a detailed curriculum that focuses on improving preschool-age children's basic motor and listening skills, which will help them enter society with a more confident and enthusiastic outlook. We believe the time between the ages of 4 and 6 are the most important years of development. Our program will enhance positive development in a fun and motivating way. Includes uniform.

MON & WED February 22–March 10 5:30–6:00 PM 6 Classes: \$59

KARATE FOR KIDS (KID-002)

Ages 7-12. Every child can benefit from studying martial arts. The study of karate brings more than just physical rewards; students also develop discipline, focus, respect for others and goal-setting skills. The emphasis on personal achievement also builds confidence: success is within the reach of every student. Unlike team sports, there are no "benchwarmers" in karate classes. Instead, children learn techniques at their own pace. Belt and stripe requirements offer a clear path forward at each step of the training process. Includes uniform.

TUES & THURS February 23–March 18 5:30–6:10 PM 8 Classes: \$59

*NOTE: Virtual class option available.

E-mail admin@horizonma.com for more information.

Classes are taught by Certified Martial Arts instructors on the Horizon staff.

Bring a towel and water bottle.



Sci-Fi Battle Saber Course (PHY-003)

Ages 13 and up. Have you ever fantasized about being in another galaxy fighting enemies with energy swords? We can't help you with being in another galaxy, but we can definitely teach you how to wield a sword. Our Sci-Fi Battle Saber course will teach you the fundamentals of sword fighting in a safe, non-threatening environment. Why go to a galaxy far, far away when you can train at Horizon Martial Arts right around the corner. You will need loose fitting clothing and indoor sneakers. All other equipment will be supplied.

WED February 24–March 17 7:05–8:00 PM 4 Classes: \$49

*NOTE: Virtual class option available.
E-mail admin@horizonma.com for more information.

A medical exam is recommended for anyone taking courses involving physical activity; all programs are taken at the participant's own risk. Waivers are required of all participants unless you have a doctor's release.

Programs are for adults (ages 17+) unless otherwise noted.

FITNESS KICKBOXING BOOT CAMP (PHY-001)

An upbeat fitness class with an emphasis on cardiovascular training, this class is a great way to get in your best shape. You will condition, strengthen and tone every part of your body, and burn calories big time while practicing techniques on heavy bags. *Boxing Gloves Required.

TUES & THURS February 2–March 18; No class 2/16, 2/18. 8:05–9:00 PM • 12 Classes: \$79

Horizon Martial Arts

Classes are held at:

280 Center Road • Wimbledon Plaza

Classes are taught by Certified Martial Arts instructors.
Bring a towel and water bottle.

No Gold Card Discount



Martial Arts for Adults (PHY-002)

It's never too late to learn Martial Arts! If you are an adult interested in learning Martial Arts, you have come to the right place. Whether you are an experienced martial artist that is new to the area or you are an adult with a newly found interest in the martial arts, we have a selection of classes geared for any age and fitness level. Our Adult Martial Arts program will introduce you to the many benefits of training, including: relieving stress, building strength, weight loss, improving your concentration, and of course learning valuable self-defense techniques for practical real world applications. Our program is set for all fitness levels—whether this is a first step towards improved health or working towards an ultimate fitness challenge, the adult program is geared for you. *Uniform is included.

TUES & THURS • February 23–March 18 7:05–8:00 PM • 8 Classes: \$59

*NOTE: Virtual class option available. E-mail admin@horizonma.com for more information.

Sci-Fi Battle Saber Course (PHY-003)

Have you ever fantasized about being in another galaxy fighting enemies with energy swords? We can't help you with being in another galaxy, but we can definitely teach you how to wield a sword. Our Sci-Fi Battle Saber course will teach you the fundamentals of sword fighting in a safe, non-threatening environment. Why go to a galaxy far, far away when you can train at Horizon Martial Arts right around the corner. You will need loose fitting clothing and indoor sneakers. All other equipment will be supplied.

WED February 24–March 17 7:05–8:00 PM 4 Classes: \$49

*NOTE: Virtual class option available. E-mail admin@horizonma.com for more information.



CANADIAN TRIPS REQUIRE PROOF OF CITIZENSHIP

All passengers going into Canada must present proof of citizenship before boarding the coach. Anyone who cannot show proper ID to the tour escort, will be denied entry onto the coach. Furthermore, there will be no refund given for the missed tour.

Anyone 16 and older traveling, must present one of the following forms of ID: Passport • Passport Card • Nexus Card or Enhanced NYS Driver's License or any other authorized enhanced license

Children 15 years old & under will be allowed to travel with their birth certificate, as will teens between the age of 16-18 if they are part of an adult supervised group. Children who are not traveling with a parent, must have a notarized permission note signed by the parent. You will receive a confirmation from Know How Tours.

ALL TRIP PRICES ARE SUBJECT TO **CHANGES:**

Due to continuously rising fuel costs.

Southtowns pickup is TOPS Parking Lot, 355 Orchard Park Rd - FAR END • Returns times are approximate • No Refunds/Discounts

Know How Tours will send a confirmation after we submit your registration.

How to Travel Free & Safely **Gina Henry**

*LIVE on-line class. We're ready to get back to our travels! When it is safe to go on a trip, where can we go, how do we stay safe, and how do we make our travel free? If you are near retirement, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she is prepared for the new travel normal including important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide! Volunteering, fun work-vacations, paid travel, teaching English and remote employment opportunities. Tuition includes Gina s 100-page ebook How to Travel Free & Safely (retail value \$39.95).

*NOTE: additional class info will appear on your receipt.

Biography: Gina Henry, holds an MA in International Management from Thunderbird, is a travel expert, writer, professional speaker, and owner of Go Global, Inc., a company she founded to help people find affordable ways to support their travel habit. Gina has lived the travel life for 30 years, taking 10 free vacations a year earning free airline tickets, hotels, tours, meals, & more. She has traveled to 98 countries and all 50 states. She teaches in 90 cities and is the author of many travel books & audios. She leads several group tours each year and organizes volunteer teach English programs in Thailand and Peru.

(TRP-001)

WED • March 31 • 6:00–9:00 PM • Cost: \$49.00

*NOTE: class log-in information will appear on your receipt.

SENECA NIAGARA CASINO-FREE SLOT DOLLARS! **Know How Tours**

Spend the afternoon at the Seneca Niagara Casino where you'll find over 4,000 slot machines featuring big progressive Jackpots. Try your luck at the popular Pennies from Heaven Slot area, Turtle Island, the non-smoking casino & the expanded hotel gaming floor. If table games are your preference, choose from over 100 tables including Blackjack, Craps, Roulette and all your favorite new and classic games or play in our world-class Poker Room (upon availability). All the best action is at Seneca Niagara Casino! Receive \$25 in Seneca Slot Play.

The casino incentive is an offering of the casino and, as such, is subject to change without notice. Remember to bring your Seneca Social Card, or you can apply for one upon arrival - card needed to receive incentive. A valid state or federally issued ID (passport or driver's license) required. Card and ID required to receive incentive - no exceptions. Masks required.

TUES • February 9 • Cost: \$25.00 (includes \$25 Free Slot Play) Depart: 11:00 AM; return: 6:30 PM

(TRP-002b)

TUES • March 23 • Cost: \$25.00 (includes \$25 Free Slot Play)

Depart: 11:00 AM; return: 6:30 PM

SENECA ALLEGANY CASINO-FREE SLOT DOLLARS! **Know How Tours**

We're on our way to Seneca Allegany Casino in Salamanca, NY. It's a fun-filled day with excitement worth sharing. Enjoy a fun-filled motor coach tour New York State's premier gaming attraction ... Seneca Allegany Casino & Hotel. This casino is set within the beautiful landscape of Salamanca, NY, featuring over 68,000 sq. ft. of gaming action including over 2,000 slot machines and 40 table games. Five hours of gaming includes \$25 in FREE Slot Dollars upon arrival at the Casino. While you are at this great gaming facility, enjoy the great dining at their world-class buffet.

The casino incentive is an offering of the casino and, as such, is subject to change without notice. Remember to bring your Seneca Social Card, or you can apply for one upon arrival - card needed to receive incentive. A valid state or federally issued ID (passport or driver's license) required. Card and ID required to receive incentive - no exceptions. Masks required.

(TRP-003a)

MON • February 15 • Cost: \$35.00 (includes \$25 Free Slot Play) Depart: 10:30 AM; return: 6:30 PM

MON • March 15 • Cost: \$35.00 (includes \$25 Free Slot Play) Depart: 10:30 AM; return: 6:30 PM

DEL LAGO CASINO - FREE SLOT DOLLARS! Know How Tours

Del Lago means "of the Lakes" in Italian. The Del Lago Casino is located in Waterloo, NY at Exit 41 of the NYS Thruway in the heart of the Finger Lakes. At this casino resort, "Del Lago" means much more - it's a way of life, a ready-for-anything attitude that's a spicy mix of old world charm and homegrown hospitality. Come experience over 2,000 of the hottest slot machines, 75 of the most thrilling table games including a 10 table Poker Room. Dine at one of their casino eateries! Come explore the gaming facility everyone is talking about ... bring your friends!

Guests receive \$25.00 free slot play. Register for a Del Lago reward card upon arrival; card needed to receive incentive. Valid state or federally issued ID (passport or driver's license) required to receive the Casino incentive. Sorry, no exceptions. Masks required.

(TRP-004)

WED • March 31 • Cost: \$35.00 (includes \$25 Free Slot Play) Depart: 7:30 AM; return: 6:30 PM

"12 Hours In The City"

-Washington DC ... It's Cherry Blossom time!

Travel to the WASHINGTON DC with two rest stops. Arrive and depart from UNION STATION and "Do Your Own Thing" until 8 pm. Suggestions of things to do (at your own cost): visit the National Mall; visit Museums and Memorials; visit the Smithsonian; go on a Harbor Cruise; do the Hop On Hop Off Double Decker Bus Tour.

(TRP-005)

FRI-SUN • March 26-28 • Cost: \$109.00

DEPART - Friday 11:00 pm • RETURN - Sunday TBA

12 HOURS IN THE CITY - Saturday:

8:00 am Approximate arrival in DC • 8:00 pm Depart DC

1. Payment must accompany registration.

Make checks payable to West Seneca Central Schools. Registrations for SCHOOL DISTRICT RESIDENTS will be processed in the order they are received. Registrations for NON-RESIDENTS will be processed as received beginning the SECOND week of registration, and will be charged a \$5.00 non-resident fee per semester (not per course).

Lab Fees are not discounted and are paid directly to the instructor; do NOT include them with your registration. However, Food Fees ARE paid along with your registration, and also are not discounted.

3. Refunds:

- a. Are given in full if we cancel a class. Allow 4-6 weeks for processing of refund checks.
- b. If you withdraw one week prior to the class start date: refund less \$5 processing fee.
- c. A credit (minus \$5) will be recorded in our computer for withdrawals received less than one week prior to a class.
- d. NO refunds will be given for withdrawals received on or after the first class session of any course.

EXCEPTIONS: refunds or credits for medical reasons may be issued at the discretion of the Director at any time during a course, with a physician's verification before the course ends.

Acceptable Use Policy

Required for those taking computer courses West Seneca Central School District has established an Acceptable Use Policy for use of district computers. The policy states that all Students (day and night school) must be responsible for computer equipment they use. Also included is a statement that prohibits access to computerized information resources with inappropriate content. By signing up for a West Seneca Central Continuing Education course, you are agreeing to the district's Acceptable Use Policy. For additional information, call Continuing Education at 677-3180.

5 Ways To REGISTER!

Walk It In! Upon receipt of the Brochure,

East Middle School/Community Education/Door #37 8:30 AM - 6:00 PM Monday-Thursday • 8:30 AM - 3 PM Friday

Mail registration begins Now!

Charge, Checks or Money Order. Payable To West Seneca Central School.

MAIL REGISTRATION FORM WITH PAYMENT TO:

West Seneca Community Education • 1445 Center Road West Seneca, NY 14224-3292

Telephone Registration

DISCOVER / VISA / MASTERCARD

BE PREPARED TO READ YOUR
CREDIT CARD NUMBER
AND CLASS CHOICES.
677-3107

CLASS CANCELLATION

Classes may be cancelled if less than twelve persons enroll. The Board of Education or Director of Community Education reserves the right to withdraw any course offered.

SCHOOL CLOSING

When the school is closed because of weather conditions, all Community Education classes will likewise be closed; announcements that activities are cancelled will be made over local radio and TV stations prior.

GOLD CARD

We are pleased to offer Senior Citizens (over 60) who are RESIDENTS of the West Seneca School district or retired school district employees a 50% discount off MOST class fees. Computer classes, contract exercise programs (i.e. Sandy's, Horizon), and Trips/Tours are generally full price. You may obtain a Gold Card at the Community Education Office during regular office hours; bring your driver's license as proof of age and residency.

MEDICAL EXAMINATION

A medical exam is recommended for anyone taking courses involving physical activity. Community Education is not responsible for personal injuries or personal loss. West Seneca School District does not accept any liability for injury resulting from a medical condition whether known or unknown. Waivers are required of all who participate in physical education or swimming classes unless your doctor issues a health certification.

SMOKING

There is no smoking permitted in schools or anywhere on school grounds BY LAW. Thank you for your cooperation.

INSTRUCTIONAL STAFF

Our instructors are here to share with you a skill, talent or expertise that they possess. The opinions shared by the instructors are not necessarily the opinions of Community Education or the District. They are not required to be a certified teacher, although many have certifications in their own fields of expertise; see our website for instructor biographies.

NON-DISCRIMINATION POLICY

The West Seneca Central School District is committed to equal opportunity in educational programs and employment. It is our policy to provide equal opportunity for all qualified applicants, students and employees; and to prohibit discrimination on the basis of race, color, sex, religion, national origin, age, handicap or marital status.

Fax Registration

AVAILABLE 24 HRS. A DAY

7 Days A WEEK

677-3244

CREDIT CARDS ONLY!

Register Online Now!

CREDIT CARDS ONLY!

www.wscschools.org/commed

click on Web Store

West Seneca	A CENTRAL SCHOOL	DISTRICT CONTINUING	COMMUNITY EDUCA	TION REGISTRAT	TION FORM
Last Name	First	Address	Address City or		Zip Code
Daytime Phone #	Evening Phone #	date of birth	email address		
		Yes No (Non-Residents ad			
COURSE CODE		RE REGISTERING. PLEASE INC COURSE TITLE	CLUDE COURSE CODE NO. I Day	NO REFUNDS ONCE (TIME	CLASSES BEGIN. Class Fee
1					\$
2					\$
3					\$
				Non-Resident Fee (\$5 if applicable)	\$
Method of Payment (o	check one)	Card Check/mone payable to West 9 Central Schools		Credit Card Fee (\$1 if applicable)	\$
DISCOVER/VISA/MC CREDIT CARD #				TOTAL ENCLOSED	\$
DEBIT CARDS NOT ACCEPTED 1		Exp. Date	SECURITY CODE	Do Not Include Lab Fees Ari To The In	E To BE PAID